

# Exploring the Systems We Live In



Name \_\_\_\_\_

Class \_\_\_\_\_

## Student worksheet

### Find Out

Did you know the difference between regenerative systems and circular systems? Regenerative systems expand beyond circular systems as they focus on restoring and improving ecosystems, whereas circular systems aim to maintain resources through an often closed-loop process.

Your task is to investigate 2 different companies/projects to identify their contribution to a regenerative or circular system.

<a href="#"><u>Good Citizens</u></a>	<a href="#"><u>Joseph's Recycling</u></a>	<a href="#"><u>Loop by Terracycle</u></a>
<a href="#"><u>Patagonia</u></a>	<a href="#"><u>Too Good To Go</u></a>	<a href="#"><u>The Plastic Bank</u></a>

Company/project: \_\_\_\_\_

What environmental or social problem does this company/project address?

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How does it use circular or regenerative practices to solve this problem?

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What materials or resources are reused, recycled, or restored?

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How does this company/project benefit local communities or support social sustainability?

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What challenges might it face, and how can consumers support its goals?

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These lessons have been created in partnership with

Future Council and Regen Studios

