



Name

Class

## Student worksheet

### Tune In

The emotions raised in the video from the *Future Council* documentary show us that it is normal to feel big emotions when thinking about the future of our planet. Take a moment to reflect on this by responding to the questions below:

How do you feel about the environmental challenges we face?

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Do you ever feel overwhelmed or anxious about the planet's future?

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Why is it important for everyone to contribute, even in small ways?

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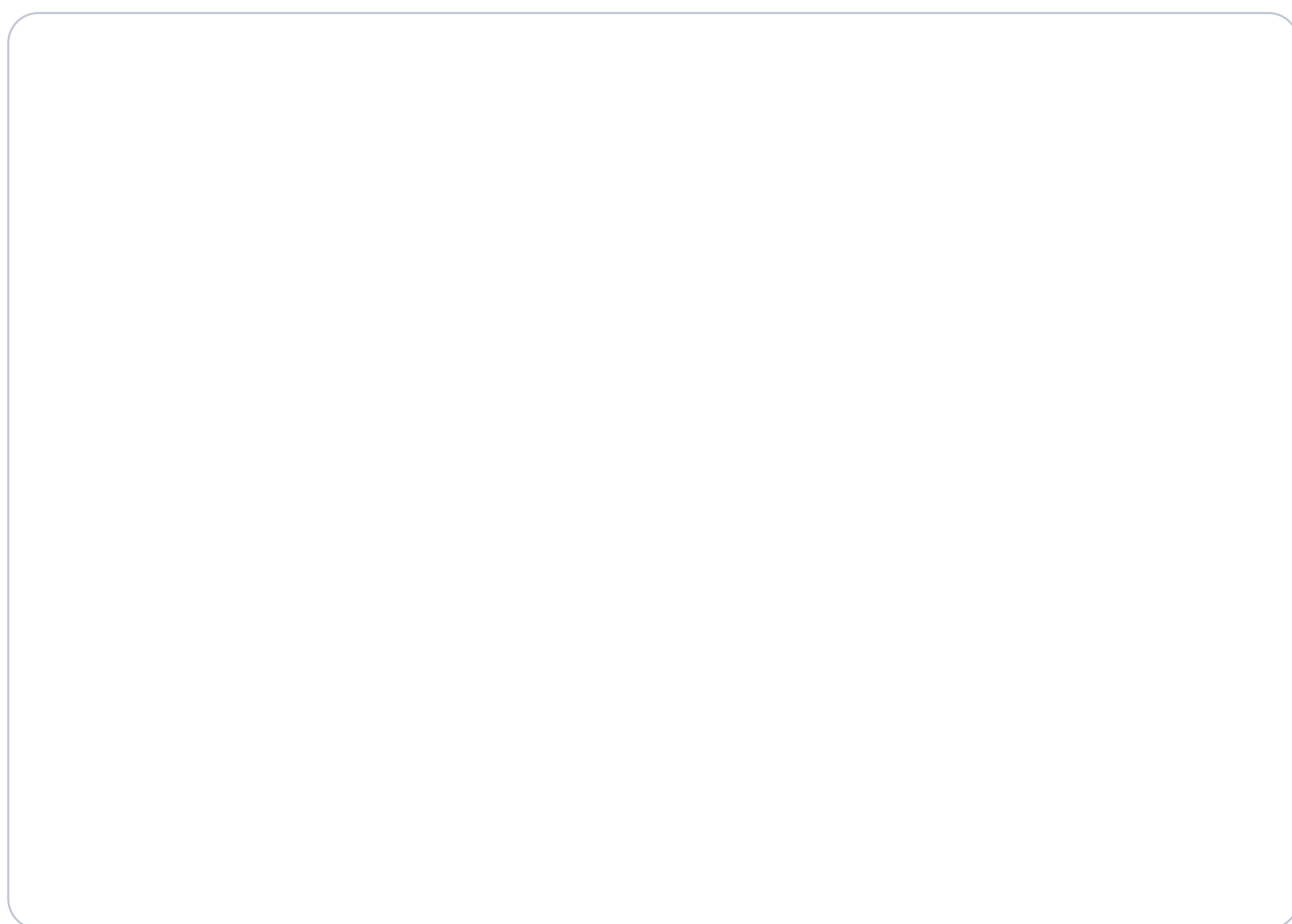
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## Take Action

Use the space below to brainstorm a list of practical actions you can take to fulfil your commitments and make a positive difference for the environment.



These lessons have been created in partnership with

Future Council and Regen Studios

